AssayMax™

Human HDL ELISA Kit

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For any questions regarding troubleshooting or performing the assay, please contact our support team at support@assaypro.com.

Thank you for choosing Assaypro.

Assay Summary

Step 1. Add 25 µl of Standard or Sample and 25 µl of Biotinylated Protein per well.
Incubate 2 hours.

Step 2. Wash, then add 50 µl of SP Conjugate per well.
Incubate 30 minutes.

Step 3. Wash, then add 50 µl of Chromogen Substrate per well.
Incubate 25 minutes.

Step 4. Add 50 µl of Stop Solution per well.
Read at 450 nm immediately.

Symbol Key

Consult instructions for use.

Assay Template

	A	B	C	D	E	F	G	H
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AssayMax™ Human High Density Lipoprotein (HDL) ELISA Kit

Catalog No. EH1111-1

Sample insert for reference use only

Introduction

Human high density lipoprotein (HDL) is the smallest and densest of the discoidal and spherical lipoprotein particles. When fractionated by ultracentrifugation, HDL is separated into two major sub-fractions HDL2 (d 1.063 – 1.125 g/ml) and HDL3 (d 1.125 – 1.21 g/ml) [1-2]. It contains 70% of apolipoprotein A-I, 20% of apolipoprotein A-II, phospholipids, and free cholesterol. HDL delivers cholesterol to liver cells, which then secrete bile acids and cholesterol for excretion or re-utilization (3). HDL plays important anti-atherogenic roles, including cellular cholesterol efflux capacity, anti-oxidative, anti-inflammatory, antiapoptotic, vasodilatory, antithrombotic, and anti-infectious activities (4). Low plasma HDL cholesterol is an independent risk factor for the development of premature atherosclerosis. A rare form of genetic HDL deficiency is Tangier disease which is associated with mutations in the ATP-binding cassette transporter 1 gene (5).

Principle of the Assay

The AssayMax™ Human HDL ELISA (Enzyme-Linked Immunosorbent Assay) Kit is designed for detection of HDL in human **plasma, serum, and milk samples**. This assay employs a quantitative **competitive enzyme immunoassay** technique that measures human HDL in approximately 3 hours. A polyclonal antibody specific for human HDL has been pre-coated onto a 96-well microplate with removable strips. HDL in standards and samples is competed with a biotinylated human HDL protein sandwiched by the immobilized antibody and streptavidin-peroxidase (SP) conjugate. All unbound material is washed away and a peroxidase enzyme substrate is added. The color development is stopped and the intensity of the color is measured.

Caution and Warning

- This product is for **Research Use Only** and is not intended for use in diagnostic procedures.
- Prepare all reagents (diluent buffer, wash buffer, standard, biotinylated protein, and SP conjugate), as instructed, prior to running the assay.

- Prepare all samples prior to running the assay. The dilution factors for the samples are suggested in this insert. However, the user should determine the optimal dilution factor.
- Spin down the SP conjugate vial before opening and using contents.
- The Stop Solution is an acidic solution.
- The kit should not be used beyond the expiration date.

Reagents

- **Human HDL Microplate:** A 96-well polystyrene microplate (12 strips of 8 wells) coated with a polyclonal antibody against human HDL.
- **Sealing Tapes:** Each kit contains 3 precut, pressure sensitive sealing tapes that can be cut to fit the format of the individual assay.
- **Human HDL Standard:** Human HDL in a buffered protein base (350 µg, lyophilized).
- **Biotinylated Human HDL Protein (1x):** Lyophilized, 2 vials.
- **EIA Diluent Concentrate (10x):** A 10-fold concentrated buffered protein base (30 ml).
- **Wash Buffer Concentrate (20x):** A 20-fold concentrated buffered surfactant (30 ml).
- **SP Conjugate (100x):** A 100-fold concentrate (80 µl).
- **Chromogen Substrate (1x):** A stabilized peroxidase chromogen substrate tetramethylbenzidine (7 ml).
- **Stop Solution (1x):** A 0.5 N hydrochloric acid solution to stop the chromogen substrate reaction (11 ml).

Storage Condition

- Upon arrival, immediately store components of the kit at recommended temperatures up to the expiration date.
- Store SP Conjugate at -20°C.
- Store Biotinylated Protein, Microplate, Diluent Concentrate (10x), Wash Buffer, Stop Solution, and Chromogen Substrate at 2-8°C.
- Unused microplate wells may be returned to the foil pouch with the desiccant packs and resealed. May be stored for up to 30 days in a vacuum desiccator.
- Store Standard at 2-8°C before reconstituting with Diluent and at -20°C after reconstituting with Diluent.

Other Supplies Required

- Microplate reader capable of measuring absorbance at 450 nm
- Pipettes (1-20 µl, 20-200 µl, 200-1000 µl, and multiple channel)
- Deionized or distilled reagent grade water

Sample Collection, Preparation, and Storage

- **Plasma:** Collect plasma using one-tenth volume of 0.1 M sodium citrate as an anticoagulant. Centrifuge samples at 3000 x *g* for 10 minutes and collect plasma. An 80-fold sample dilution is suggested into EIA Diluent; however, user should determine optimal dilution factor depending on application needs. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles (EDTA or Heparin can also be used as an anticoagulant).
- **Serum:** Samples should be collected into a serum separator tube. After clot formation, centrifuge samples at 3000 x *g* for 10 minutes and remove serum. An 80-fold sample dilution is suggested into EIA Diluent; however, user should determine optimal dilution factor depending on application needs. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.
- **Milk:** Collect milk using sample tube. Centrifuge samples at 800 x *g* for 10 minutes. A 20-fold sample dilution is suggested into EIA Diluent or within the range of 4x – 200x; however, user should determine optimal dilution factor depending on application needs. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.

Applicable samples may also include biofluids, cell culture, and tissue homogenates. If necessary, user should determine optimal dilution factor depending on application needs.

Refer to Dilution Guidelines for further instruction.

Guidelines for Dilutions of 100-fold or Greater (*for reference only; please follow the insert for specific dilution suggested)*	
100x	**10000x**
A) 4 µl sample : 396 µl buffer (100x) = 100-fold dilution *Assuming the needed volume is less than or equal to 400 µl.*	A) 4 µl sample : 396 µl buffer (100x) B) 4 µl of A : 396 µl buffer (100x) = 10000-fold dilution *Assuming the needed volume is less than or equal to 400 µl.*
1000x	**100000x**
A) 4 µl sample : 396 µl buffer (100x) B) 24 µl of A : 216 µl buffer (10x) = 1000-fold dilution *Assuming the needed volume is less than or equal to 240 µl.*	A) 4 µl sample : 396 µl buffer (100x) B) 4 µl of A : 396 µl buffer (100x) C) 24 µl of B : 216 µl buffer (10x) = 100000-fold dilution *Assuming the needed volume is less than or equal to 240 µl.*

Reagent Preparation

- Freshly dilute all reagents and bring all reagents to room temperature before use.
- **EIA Diluent Concentrate (10x):** Dilute the EIA Diluent Concentrate 10-fold with reagent grade water to produce a 1x solution. When diluting the concentrate, make sure to rinse the bottle thoroughly to extract any precipitates left in the bottle. Mix the 1x solution gently until the crystals have completely dissolved. Store for up to 30 days at 2-8°C.
- **Human HDL Standard**: Reconstitute the Human HDL Standard (350 µg) with 3.5 ml of EIA Diluent to generate a 100 µg/ml standard stock solution. Allow the vial to sit for 10 minutes with gentle agitation prior to making dilutions. Prepare duplicate or triplicate standard points by serially diluting from the standard stock solution (100 µg/ml) 2-fold with equal volume of EIA Diluent to produce 50, 25, 12.5, 6.25, 3.125, and 1.563 µg/ml solutions. EIA Diluent serves as the zero standard (0 µg/ml). Any remaining stock solution should be stored at -20°C and used within 30 days. Avoid repeated freeze-thaw cycles.

Standard Point	Dilution	[HDL] (µg/ml)
P1	1 part Standard (100 µg/ml)	100
P2	1 part P1 + 1 part EIA Diluent	50
P3	1 part P2 + 1 part EIA Diluent	25
P4	1 part P3 + 1 part EIA Diluent	12.5
P5	1 part P4 + 1 part EIA Diluent	6.25
P6	1 part P5 + 1 part EIA Diluent	3.125
P7	1 part P6 + 1 part EIA Diluent	1.563
P8	EIA Diluent	0.0

- **Biotinylated Human HDL Protein (1x):** Reconstitute the Biotinylated Human HDL Protein with 5 ml of EIA Diluent to generate a stock solution. Allow the vial to sit for 10 minutes with gentle agitation prior to use. Reconstitute a new vial for each assay.
- **Wash Buffer Concentrate (20x):** Dilute the Wash Buffer Concentrate 20-fold with reagent grade water to produce a 1x solution. When diluting the concentrate, make sure to rinse the bottle thoroughly to extract any precipitates left in the bottle. Mix the 1x solution gently until the crystals have completely dissolved.
- **SP Conjugate (100x):** Spin down the SP Conjugate briefly and dilute the desired amount of the conjugate 100-fold with EIA Diluent to produce a 1x solution. The undiluted conjugate should be stored at -20°C.

Assay Procedure

- Prepare all reagents, standard solutions, and samples as instructed. Bring all reagents to room temperature before use. The assay is performed at room temperature (20-25°C).
- Remove excess microplate strips from the plate frame and return them immediately to the foil pouch with desiccants inside. Reseal the pouch securely to minimize exposure to water vapor and store in a vacuum desiccator.
- Add 25 µl of Human HDL Standard or sample to each well, and immediately add 25 µl of Biotinylated Human HDL Protein to each well (on top of the standard or sample). Gently tap plate to ensure thorough mixing. Break any bubbles that may have formed. Cover wells with a sealing tape and incubate for 2 hours. Start the timer after the last addition.
- Wash the microplate manually or automatically using a microplate washer. Invert the plate and decant the contents; hit 4-5 times on absorbent material to completely remove the liquid. If washing manually, wash five times with 200 µl of Wash Buffer per well. Invert the plate each time and decant the contents; hit 4-5 times on absorbent material to completely remove the liquid. If using a microplate washer, wash six times with 300 µl of Wash Buffer per well; invert the plate and hit 4-5 times on absorbent material to completely remove the liquid.
- Add 50 µl of SP Conjugate to each well. Gently tap plate to thoroughly coat the wells. Break any bubbles that may have formed. Cover wells with a sealing tape and incubate for 30 minutes. Turn on the microplate reader and set up the program in advance.
- Wash the microplate as described above.
- Add 50 µl of Chromogen Substrate to each well. Gently tap plate to thoroughly coat the wells. Break any bubbles that may have formed. Incubate in ambient light for 25 minutes or until the optimal blue color density develops.
- Add 50 µl of Stop Solution to each well. The color will change from blue to yellow. Gently tap plate to ensure thorough mixing. Break any bubbles that may have formed.
- Read the absorbance on a microplate reader at a wavelength of 450 nm **immediately**. If wavelength correction is available, subtract readings at 570 nm from those at 450 nm to correct optical imperfections. Otherwise, read the plate at 450 nm only. Please note that some unstable black particles may be generated at low concentration points after stopping the reaction for about 10 minutes, which will reduce the readings.

Data Analysis

- Calculate the mean value of the duplicate or triplicate readings for each standard and sample.
- To generate a standard curve, plot the graph using the standard concentrations on the x-axis and the corresponding mean 450 nm absorbance (OD) on the y-axis. The best fit line can be determined by regression analysis using log-log or four-parameter logistic curve fit.
- Determine the unknown sample concentration from the Standard Curve and multiply the value by the dilution factor.

Typical Data

- The typical data is provided for reference only. Individual laboratory means may vary from the values listed. Variations between laboratories may be caused by technique differences.

Standard Point	µg/ml	OD	Average OD
P1	100	0.346 0.352	0.349
P2	50	0.412 0.402	0.407
P3	25	0.530 0.504	0.517
P4	12.5	0.659 0.671	0.665
P5	6.25	0.863 0.833	0.848
P6	3.125	1.119 1.071	1.095
P7	1.563	1.306 1.374	1.340
P8	0.0	2.105 2.069	2.087
Sample: Pooled Normal Sodium Citrate Plasma (80x)		0.723 0.763	0.743
Sample: Pooled Normal Serum (80x)		0.826 0.790	0.808

Standard Curve

- The curve is provided for illustration only. A standard curve should be generated each time the assay is performed.

Reference Value

- Normal human HDL plasma and serum levels range from 500 – 1800 µg/ml.
- Plasma and serum samples from healthy adults were tested (n=40). On average, human HDL level was 832 µg/ml.

Sample	n	Average Value (µg/ml)
Pooled Normal Plasma	10	910
Normal Plasma	20	804
Pooled Normal Serum	10	782

Performance Characteristics

- The minimum detectable dose of human HDL as calculated by 2SD from the mean of a zero standard was established to be 1.0 µg/ml.
- Intra-assay precision was determined by testing three plasma samples twenty times in one assay.
- Inter-assay precision was determined by testing three plasma samples in twenty assays.

	Intra-Assay Precision			Inter-Assay Precision		
Sample	1	2	3	1	2	3
n	20	20	20	20	20	20
CV (%)	5.6%	5.1%	6.8%	10.5%	9.4%	11.1%
Average CV (%)	5.8%			10.3%		

Recovery

Standard Added Value	6.25 – 50 µg/ml
Recovery %	85 – 110%
Average Recovery %	96%

Linearity

- Plasma and serum samples were serially diluted to test for linearity.

Average Percentage of Expected Value (%)		
Sample Dilution	Plasma	Serum
40x	109%	110%
80x	92%	98%
160x	102%	94%

Cross-Reactivity

Species	Cross-Reactivity (%)
Canine	10%
Bovine	10%
Equine	40%
Monkey	70%
Mouse	20%
Rat	20%
Swine	50%
Rabbit	10%
Protein	**Cross-Reactivity (%)**
LDL	3%
IDL	<10%
VLDL	<10%

Troubleshooting

Issue	Causes	Course of Action
Low Precision	Use of improper components	• Check the expiration date listed before use. • Do not interchange components from different lots.
	Improper wash step	• Check that the correct wash buffer is being used. • Check that all wells are empty after aspiration. • Check that the microplate washer is dispensing properly. • If washing by pipette, check for proper pipetting technique.
	Splashing of reagents while loading wells	• Pipette properly in a controlled and careful manner.
	Inconsistent volumes loaded into wells	• Pipette properly in a controlled and careful manner. • Check pipette calibration. • Check pipette for proper performance.
	Insufficient mixing of reagent dilutions	• Thoroughly agitate the lyophilized components after reconstitution. • Thoroughly mix dilutions.
	Improperly sealed microplate	• Check the microplate pouch for proper sealing. • Check that the microplate pouch has no punctures. • Check that three desiccants are inside the microplate pouch prior to sealing.
Unexpectedly Low or High Signal Intensity	Microplate was left unattended between steps	• Each step of the procedure should be performed uninterrupted.
	Omission of step	• Consult the provided procedure for complete list of steps.
	Steps performed in incorrect order	• Consult the provided procedure for the correct order.
	Insufficient amount of reagents added to wells	• Check pipette calibration. • Check pipette for proper performance.
	Wash step was skipped	• Consult the provided procedure for all wash steps.
	Improper wash buffer	• Check that the correct wash buffer is being used.
	Improper reagent preparation	• Consult reagent preparation section for the correct dilutions of all reagents.
	Insufficient or prolonged incubation periods	• Consult the provided procedure for correct incubation time.
Deficient Standard Curve Fit	Non-optimal sample dilution	• Sandwich ELISA: If samples generate OD values higher than the highest standard point (P1), dilute samples further and repeat the assay. • Competitive ELISA: If samples generate OD values lower than the highest standard point (P1), dilute samples further and repeat the assay. • User should determine the optimal dilution factor for samples.
	Contamination of reagents	• A new tip must be used for each addition of different samples or reagents during the assay procedure.
	Contents of wells evaporate	• Verify that the sealing film is firmly in place before placing the assay in the incubator or at room temperature.
	Improper pipetting	• Pipette properly in a controlled and careful manner. • Check pipette calibration. • Check pipette for proper performance.

	Insufficient mixing of reagent dilutions	• Thoroughly agitate the lyophilized components after reconstitution. • Thoroughly mix dilutions.

References

(1) Chapman MJ *et al*. (1981) *J Lipid Res*. 22:339-358.
(2) Barter P *et al*. (2003) *Atherosclerosis*. 168(2):195-211.
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(5) Clee SM *et al*. (2001) *Circulation*. 103(9):1198-1205.

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