



**AssayLite™**  
**Human Alpha-1-Antitrypsin and**  
**Prealbumin Multiplex Fluorescent**  
**Immunoassay Kit**

Assaypro LLC  
3400 Harry S Truman Blvd  
St. Charles, MO 63301  
T (636) 447-9175  
F (636) 395-7419  
[www.assaypro.com](http://www.assaypro.com)

***This product is manufactured under patent pending technology by***  
***Assaypro LLC***

For any questions regarding troubleshooting or performing the assay, please contact  
our support team at [support@assaypro.com](mailto:support@assaypro.com).

## Table of Contents

1	Assay Summary
2	Assay Mechanism
3	Assay Template
4	Introduction
4	Principle of the Assay
4	Caution and Warning
5	Reagents
5	Storage Conditions
5	Other Supplies Required
6	Sample Collection, Preparation, and Storage
7	Reagent Preparation
9	Assay Procedure
9	Data Analysis
9	Standard Curve
10	Performance Characteristics
11	Reference Value
11	Validation
11	Specification
11	Recovery
12	Linearity
12	Troubleshooting
13	References
13	Fluorescent Microplate Reader

## Assay Summary

**Step 1.** Add 50 µl of Standard/Sample and 50 µl of Fluorescent Probe per well.

Incubate 2 hours at 37°C.

**Step 2.** Wash, then add 50 µl of Stabilizing Solution per well.

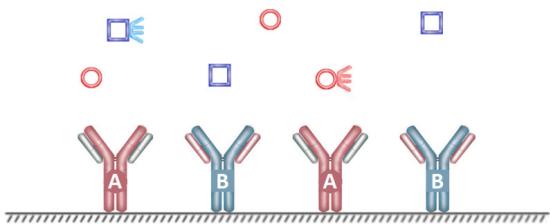
**Step 3.** Human Alpha-1-Antitrypsin: Read at EX 485/20 nm, EM 575/15 nm; Human Prealbumin: Read at EX 485/20 nm, EM 680/30 nm

## Symbol Key

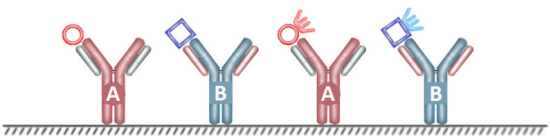


Consult instructions for use.

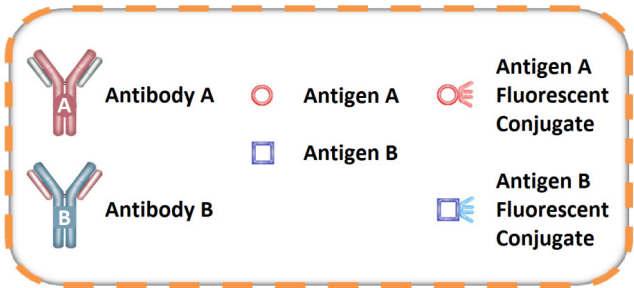
# Assay Mechanism



**Figure 1.** Two different types of antibodies are coated uniformly on the microplate. Standard or Sample and the Fluorescent Probe are added to each well.



**Figure 2.** Fluorescent Probe competes with the non-labeled protein for binding to the antibody. The blank (Diluent only, 0 µg/ml) shows the highest fluorescent signal. Signal decreases when the non-labeled protein concentration increases.



## Assay Template

	1	2	3	4	5	6	7	8	9	10	11	12
A												
B												
C												
D												
E												
F												
G												
H												

# Human Alpha-1-Antitrypsin and Prealbumin Multiplex Fluorescent Immunoassay Kit

Catalog No. FA500111M2

*Sample insert for reference use only*

## Introduction

Alpha-1-antitrypsin (A1AT) is a protein that protects the lungs. The liver usually makes the protein and releases it into the bloodstream. A1AT is a major protease inhibitor that controls tissue degradation. A reduction of A1AT levels can cause a change in collagen metabolism (1). A1AT inhibits neutrophil elastase release into the lungs during inflammatory states (2).

Prealbumin (Transthyretin, TTR, ATTR, TBPA) is a hepatic secretory protein thought to be important in the evaluation of nutritional deficiency and nutrition support (3). Prealbumin plays an important physiological role as a transporter of thyroxine and retinol-binding protein (4).

## Principle of the Assay

The AssayLite™ Human Alpha-1-Antitrypsin and Prealbumin Multiplex Multiplex Fluorescent Immunoassay Kit employs a **quantitative competitive fluorescent probe technique** that measures Alpha-1-Antitrypsin and Prealbumin in human **plasma, serum, saliva, milk, and cell culture samples** in approximately 2 hours. A polyclonal antibody specific for human Alpha-1-Antitrypsin and a polyclonal antibody specific for human Prealbumin have been pre-coated onto a 96-well opaque polystyrene microplate with removable strips. Human Alpha-1-Antitrypsin and human Prealbumin standards and samples are competed with a human Alpha-1-Antitrypsin and human Prealbumin fluorescent probe. All unbound material is washed away before the endpoint fluorescence is measured.

## Caution and Warning

- This product is for **Research Use Only** and is not intended for use in diagnostic procedures.
- Prepare all reagents (diluent buffer, wash buffer, standard, and fluorescent probes) as instructed, prior to running the assay.
- Prepare all samples prior to running the assay. The dilution factors for the samples are suggested in this insert. However, the user should determine the optimal dilution factor.
- The kit should not be used beyond the expiration date.
- Avoid direct light exposure to the assay.

- Store fluorescent probes in a dark place. Do not freeze.

## Reagents

- **Human Alpha-1-Antitrypsin and Prealbumin Microplate:** A 96-well opaque polystyrene microplate (12 strips of 8 wells) coated with a polyclonal antibody against human Alpha-1-Antitrypsin and a polyclonal antibody against Prealbumin.
- **Sealing Films:** Each kit contains 3 precut, pressure sensitive aluminum sealing films that can be cut to fit the format of the individual assay.
- **Human Alpha-1-Antitrypsin and Prealbumin Standard:** Human Alpha-1-Antitrypsin and Prealbumin in a buffered protein base (Human Alpha-1-Antitrypsin: 400 µg, Human Prealbumin: 54 µg, lyophilized).
- **Red Fluorescent Human Alpha-1-Antitrypsin Probe (20x):** 1 vial, lyophilized.
- **Orange Fluorescent Human Prealbumin Probe (20x):** 1 vial, lyophilized.
- **EIA Diluent Concentrate (10x):** A 10-fold concentrated buffered protein base (30 ml, 1 bottle).
- **Wash Buffer Concentrate (20x):** A 20-fold concentrated buffered surfactant (30 ml, 1 bottle).
- **Stabilizing Solution (1x):** A solution to stabilize the fluorescent component (8 ml, 1 bottle).

## Storage Conditions

- Upon arrival, immediately store components of the kit at recommended temperatures up to the expiration date.
- Store Microplate, Diluent Concentrate (10x), Stabilizing Solution, and Wash Buffer at 2-8°C.
- Unused microplate wells may be returned to the foil pouch with the desiccant packs and resealed. May be stored for up to 30 days in a vacuum desiccator.
- Store Standard at 2-8°C before reconstituting with Diluent and at -20°C after reconstituting with Diluent.
- Store Fluorescent Probes in a dark place at 2-8°C. Do not freeze.

## Other Supplies Required

- Pipettes (1-20 µl, 20-200 µl, 200-1000 µl, and multiple channel)
- Deionized or distilled reagent grade water
- Incubator (37°C)
- Fluorescent Microplate Reader

**Fluorescent Microplate Reader (BioTek® Synergy H1F, filter-based reader; available for order from Assaypro)**

## **Sample Collection, Preparation, and Storage**

- **Plasma:** Collect plasma using one-tenth volume of 0.1 M sodium citrate as an anticoagulant. Centrifuge samples at 3000 x g for 10 minutes and collect plasma. A 400-fold sample dilution is suggested into EIA Diluent (*suggested dilution factor only; user should determine optimal dilution factor depending on application needs*). The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles (EDTA or Heparin can also be used as an anticoagulant).
- **Serum:** Samples should be collected into a serum separator tube. After clot formation, centrifuge samples at 3000 x g for 10 minutes and remove serum. A 400-fold sample dilution is suggested into EIA Diluent (*suggested dilution factor only; user should determine optimal dilution factor depending on application needs*). The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.
- **Milk:** Collect milk using sample tube. Centrifuge samples at 800 x g for 10 minutes. A 100-fold sample dilution is suggested into EIA Diluent; however, user should determine optimal dilution factor depending on application needs. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.
- **Saliva:** Collect saliva using sample tube. Centrifuge samples at 800 x g for 10 minutes. A 10-fold sample dilution is suggested into EIA Diluent; however, user should determine optimal dilution factor depending on application needs. The undiluted samples can be stored at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.
- **Cell Culture Supernatant:** Centrifuge cell culture media at 1500 rpm for 10 minutes at 4°C to remove debris and collect supernatant. Samples can be stored at -80°C. Avoid repeated freeze-thaw cycles.
- **Cell Lysate:** Rinse cell with cold PBS and then scrape the cell into a tube with 5 ml of cold PBS and 0.5 M EDTA. Centrifuge suspension at 1500 rpm for 10 minutes at 4°C and aspirate supernatant. Resuspend pellet in ice-cold Lysis Buffer (10 mM Tris, pH 8.0, 130 mM NaCl, 1% Triton X-100, protease inhibitor cocktail). For every  $1 \times 10^6$  cells, add approximately 100 µl of ice-cold Lysis Buffer. Incubate on ice for 60 minutes. Centrifuge at 13000 rpm for 30 minutes at 4°C and collect supernatant. Samples can be stored at -80°C. Avoid repeated freeze-thaw cycles.

*Applicable samples may also include biofluids, cell culture, and tissue homogenates. If necessary, user should determine optimal dilution factor depending on application needs.*



**Refer to Dilution Guidelines for further instruction.**

<b>Guidelines for Dilutions of 100-fold or Greater</b> <i>(for reference only; please follow the insert for specific dilution suggested)</i>	
<b>100x</b>	<b>10000x</b>
A) 4 µl sample: 396 µl buffer (100x) = 100-fold dilution  <i>Assuming the needed volume is less than            or equal to 400 µl.</i>	A) 4 µl sample : 396 µl buffer (100x) B) 4 µl of A : 396 µl buffer (100x) = 10000-fold dilution  <i>Assuming the needed volume is less than            or equal to 400 µl.</i>
<b>1000x</b>	<b>100000x</b>
A) 4 µl sample : 396 µl buffer (100x) B) 24 µl of A : 216 µl buffer (10x) = 1000-fold dilution  <i>Assuming the needed volume is less than            or equal to 240 µl.</i>	A) 4 µl sample : 396 µl buffer (100x) B) 4 µl of A : 396 µl buffer (100x) C) 24 µl of B : 216 µl buffer (10x) = 100000-fold dilution  <i>Assuming the needed volume is less than            or equal to 240 µl.</i>

## Reagent Preparation

- Freshly dilute all reagents and bring all reagents to room temperature before use.
- EIA Diluent Concentrate (10x):** If crystals have formed in the concentrate, mix gently until the crystals have completely dissolved. Dilute the EIA Diluent Concentrate 10-fold with reagent grade water to produce a 1x solution. Store for up to 30 days at 2-8°C.
- Human Alpha-1-Antitrypsin and Prealbumin Standard:** Reconstitute the Human Alpha-1-Antitrypsin and Prealbumin Standard (Human Alpha-1-Antitrypsin: 400 µg, Human Prealbumin: 54 µg) with 1 ml of EIA Diluent to generate a standard stock solution (Human Alpha-1-Antitrypsin: 400 µg/ml, Human Prealbumin: 54 µg/ml). Allow the vial to sit for 10 minutes with gentle agitation prior to making dilutions. Prepare duplicate or triplicate standard points by serially diluting from the standard stock solution 4-fold with EIA Diluent to produce a standard curve that measures both Human Alpha-1-Antitrypsin and Human Prealbumin proteins simultaneously. EIA Diluent serves as the zero standard (0 µg/ml). Any remaining stock solution should be stored at -20°C and used within 30 days. Avoid repeated freeze-thaw cycles.

Standard Point	Dilution	[Human A1AT] ( $\mu\text{g/ml}$ )	[Human Prealbumin] ( $\mu\text{g/ml}$ )
P1	1 part Standard		54
P2	1 part P1 + 3 parts EIA Diluent	100	13.5
P3	1 part P2 + 3 parts EIA Diluent	25	3.38
P4	1 part P3 + 3 parts EIA Diluent	6.25	0.84
P5	1 part P4 + 3 parts EIA Diluent	1.56	0.21
P6	1 part P5 + 3 parts EIA Diluent	0.39	0.05
P7	1 part P6 + 3 parts EIA Diluent	0.098	
P8	EIA Diluent	0.0	0.0

- **Red Fluorescent Human Alpha-1-Antitrypsin Probe (20x):** Reconstitute the fluorescent probe with 1 ml of EIA Diluent to produce a 20 x stock solution. Allow the probe to sit for 10 minutes with gentle agitation prior to use. Any remaining stock solution should be stored at 2-8°C and used within 10 days. Do not freeze.
- **Orange Fluorescent Human Prealbumin Probe (20x):** Reconstitute the fluorescent probe with 1 ml of EIA Diluent to produce a 20 x stock. Allow the probe to sit for 10 minutes with gentle agitation prior to use. Any remaining stock solution should be stored at 2-8°C and used within 10 days. Do not freeze.
- After Red and Orange Fluorescent Probes are reconstituted and ready, combine each probes to the desired volume to generate the **Human A1AT and Prealbumin Fluorescent Probe Mixture**.

Example:

Combine the following reagents to generate working solution to run full 96 well plate (total volume is 7000  $\mu\text{l}$ ).

1. 5600  $\mu\text{l}$  of 1x EIA Diluent
  2. 700  $\mu\text{l}$  Red Fluorescent Human Alpha-1-Antitrypsin Probe
  3. 700  $\mu\text{l}$  Orange Fluorescent Human Prealbumin Probe
- **Wash Buffer Concentrate (20x):** If crystals have formed in the concentrate, mix gently until the crystals have completely dissolved. Dilute the Wash Buffer Concentrate 20-fold with reagent grade water to produce a 1x solution.

## Assay Procedure

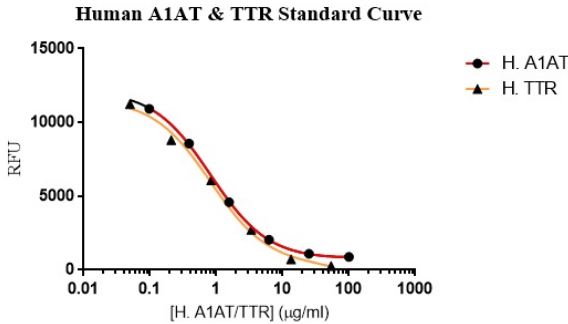
- Prepare all reagents, standard solution, and samples as instructed. Bring all reagents to room temperature before use. The assay is incubated at 37°C.
- Remove excess microplate strips from the plate frame and return them immediately to the foil pouch with desiccants inside. Reseal the pouch securely to minimize exposure to water vapor and store in a vacuum desiccator.
- Add 50 µl of Human Alpha-1-Antitrypsin and Prealbumin Standard or sample to each well, and immediately add 50 µl of Human A1AT and Prealbumin Fluorescent Probe Mixture to each well (on top of the standard or sample). Gently tap plate to ensure thorough mixing. Break any bubbles that may have formed. Cover wells with a sealing film and incubate for 2 hours at 37°C. Start the timer after the last addition.
- Wash five times with 200 µl of Wash Buffer manually. Invert the plate each time and decant the contents; hit 4-5 times on absorbent material to completely remove the liquid. If using a machine, wash six times with 300 µl of Wash Buffer and then invert the plate, decanting the contents; hit 4-5 times on absorbent material to completely remove the liquid.
- Immediately add 50 µl of Stabilizing Solution to each well. Gently tap plate to thoroughly coat the wells. Break any bubbles that may have formed.
- **Human Alpha-1-Antitrypsin:** Read the endpoint fluorescence on a microplate reader at an excitation wavelength of 485/20 nm and emission wavelength of 575/15 nm.
- **Human Prealbumin:** Read the endpoint fluorescence on a microplate reader at an excitation wavelength of 485/20 nm and emission wavelength of 680/30 nm.
- **Human Alpha-1-Antitrypsin:** For the Synergy H1F, a gain of 75 is suggested; however, the user should determine the optional gain/amplification.
- **Human Prealbumin:** For the Synergy H1F, a gain of 90 is suggested; however, the user should determine the optional gain/amplification.

## Data Analysis

- Calculate the mean value of the duplicate or triplicate readings for each standard and sample.
- To generate a standard curve, plot the graph using the standard concentrations on the x-axis and the corresponding mean emitted fluorescence on the y-axis. The best fit line can be determined by regression analysis using log-log or four-parameter logistic curve fit.
- Determine the unknown sample concentration from the Standard Curve and multiply the value by the dilution factor.

## Standard Curve

- The curve is provided for illustration only. A standard curve should be generated each time the assay is performed.



Note: Standard curve reading with Biotek® Synergy H1F

## Performance Characteristics

Reader	Standard Point	µg/ml	Human A1AT Average Red RFU
BioTek – Synergy H1F	P1	100	875
	P2	25	1099
	P3	6.25	2048
	P4	1.56	4591
	P5	0.39	8567
	P6	0.098	10918
	P7	0.0	12906

Reader	Standard Point	µg/ml	Human Prealbumin Average Orange RFU
BioTek – Synergy H1F	P1	54	272
	P2	13.5	720
	P3	3.38	2724
	P4	0.84	6087
	P5	0.21	8806
	P6	0.05	11248
	P7	0.0	12729

- The minimum detectable dose of human A1AT as calculated by 2SD from the mean of a zero standard was established to be 0.06 µg/ml.
- The minimum detectable dose of Human Prealbumin as calculated by 2SD from the mean of a zero standard was established to be 0.03 µg/ml.
- Intra-assay and inter-assay coefficients of variation were 4.5 % and 8.5% respectively.

## Reference Value

- Normal human A1AT plasma levels range from 0.7 – 1.9 mg/ml.
- Plasma and serum samples from healthy adults were tested (n=20). On average, human A1AT level was 1.4 mg/ml.
- Normal human Prealbumin plasma levels range from 120 to 450 µg/ml.
- Plasma and serum samples from healthy adults were tested (n=20). On average, human Prealbumin level was 226 µg/ml.

## Validation

- The kit has been validated against Human Alpha-1-Antitrypsin (A1AT) ELISA Kit and Human Prealbumin (Prealbumin, TTR) ELISA Kit.

## Specification

Probe Used	H. A1AT (Purity > 95%)	Human Prealbumin (Purity > 95%)
Red Fluorescent Human Alpha-1-Antitrypsin Probe	90 - 110%	0.5 - 2%
Orange Fluorescent Human Prealbumin Probe	0.01 - 1.2%	91 - 108%

## Recovery

Name	Human A1AT	Human Prealbumin
Standard Added Value	1.56 – 25 µg/ml	0.84 - 13.5 µg/ml
Recovery %	96 – 114%	92 – 108%
<b>Average Recovery %</b>	98%	101%

## Linearity

Average Percentage of Expected Value (%)		
Sample Dilution for Plasma	Human Alpha-1-Antitrypsin	Human Prealbumin
200x	91%	92%
400x	99%	98%
800x	106%	104%

## Troubleshooting

Issue	Causes	Course of Action
Low Precision	Use of expired components	<ul style="list-style-type: none"> <li>Check the expiration date listed before use.</li> <li>Do not interchange components from different lots.</li> </ul>
	Improper wash step	<ul style="list-style-type: none"> <li>Check that the correct wash buffer is being used.</li> <li>Check that all wells are empty after aspiration.</li> <li>Check that the microplate washer is dispensing properly.</li> <li>If washing by pipette, check for proper pipetting technique.</li> </ul>
	Splashing of reagents while loading wells	<ul style="list-style-type: none"> <li>Pipette properly in a controlled and careful manner.</li> </ul>
	Inconsistent volumes loaded into wells	<ul style="list-style-type: none"> <li>Pipette properly in a controlled and careful manner.</li> <li>Check pipette calibration.</li> <li>Check pipette for proper performance.</li> </ul>
	Insufficient mixing of reagent dilutions	<ul style="list-style-type: none"> <li>Thoroughly agitate the Standard and Fluorescent Probe after reconstitution.</li> <li>Thoroughly mix dilutions.</li> </ul>
	Improperly sealed microplate	<ul style="list-style-type: none"> <li>Check the microplate pouch for proper sealing.</li> <li>Check that the microplate pouch has no punctures.</li> <li>Check that three desiccants are inside the microplate pouch prior to sealing.</li> </ul>
Unexpectedly Low or High Signal Intensity	Microplate was left unattended between steps	<ul style="list-style-type: none"> <li>Each step of the procedure should be performed uninterrupted.</li> </ul>
	Omission of step	<ul style="list-style-type: none"> <li>Consult the provided procedure for complete list of steps.</li> </ul>
	Steps performed in incorrect order	<ul style="list-style-type: none"> <li>Consult the provided procedure for the correct order.</li> </ul>
	Insufficient amount of reagents added to wells	<ul style="list-style-type: none"> <li>Check pipette calibration.</li> <li>Check pipette for proper performance.</li> </ul>
	Wash step was skipped	<ul style="list-style-type: none"> <li>Consult the provided procedure for all wash steps.</li> </ul>
	Improper wash buffer	<ul style="list-style-type: none"> <li>Check that the correct wash buffer is being used.</li> </ul>
	Improper reagent preparation	<ul style="list-style-type: none"> <li>Consult reagent preparation section for the correct dilutions of all reagents.</li> </ul>
	Insufficient or prolonged incubation periods	<ul style="list-style-type: none"> <li>Consult the provided procedure for correct incubation time.</li> </ul>

	Prolonged exposure of assay or Fluorescent Probe to light	<ul style="list-style-type: none"> <li>• Overexposure can affect the stability of the Fluorescent Probe, store in a dark location.</li> <li>• Cover and cap all reagents when not in use.</li> <li>• Cover assay with aluminum sealing film immediately after loading.</li> </ul>
	Contamination of reagents	<ul style="list-style-type: none"> <li>• A new tip must be used for each addition of different samples or reagents during the assay procedure.</li> </ul>
	Contents of wells evaporated	<ul style="list-style-type: none"> <li>• Verify that the aluminum sealing film is firmly in place before placing the assay in the incubator.</li> </ul>
	Used filters with an overlapping bandpass	<ul style="list-style-type: none"> <li>• As an example, do not use a filter combination of 620/20 EX and 660/40 EM, use a 660/20 filter instead.</li> </ul>
<b>Deficient Standard Curve Fit</b>	Improper pipetting	<ul style="list-style-type: none"> <li>• Pipette properly in a controlled and careful manner.</li> <li>• Check pipette calibration.</li> <li>• Check pipette for proper performance.</li> </ul>
	Insufficient mixing of reagent dilutions	<ul style="list-style-type: none"> <li>• Thoroughly agitate the Standard and Fluorescent Probe after reconstitution.</li> <li>• Thoroughly mix dilutions.</li> </ul>

## References

- (1) Hauck EW *et al.* (2004) *Eur Urol.* 46(5):623-8; discussion 628.
- (2) Chappell *et al.* (2004) *Hum Mutat.* 24(6):535-6.
- (3) Chertow GM *et al.* (2005) *Kidney Int.* 68(6): 2794-800.
- (4) Hamilton JA *et al.* (2001) *Cell Mol Life Sci.* 58(10):1491-521.

Version 1.0

## Fluorescent Microplate Reader

- BioTek® Synergy H1F, Filter-Based Reader
- Gen5 Software included
- Includes three filters designed specifically for AssayLite® Multiplex Assays. Additional filters are available for purchase
- Available for order from Assaypro for \$19,950